

Care Companion program

Working together
with patients,
providers, and payors
to optimize senior
health



Goals

Improve health and well-being, decrease cost of care

1

Reduce
unnecessary
care episodes

2

Smooth
transitions of
care

3

Eliminate
harmful
medications

4

Close quality
gaps

5

Optimize HCC
coding

Services

Information &
guidance

Medication
reconciliation
and optimization

Point of care
testing

Point of care
screening

Wellness visits

Information & guidance

- Welcome packet geared to the most important senior care issues
- Refrigerator magnet to avoid confusion of who to call when there's a question or problem
- Regular phone calls to assess stability
- 24/7 phone availability



Stall Senior Medical_{LLC}

Care Companion
program

(716) 833-3237

Medication reconciliation and optimization



Preadmission medications compared to discharge regimen, with particular attention to high-risk medications

Patient symptom - medication side effect analysis

Adherence advice

Point of care testing

AF screening

Bone density

Fingerstick
glucose

HbA1C

INR

Lipid profile

Pulse
oximetry

Retinal scan

Spirometry

Stool occult
blood

Urine
microalbumin

Point of care screening

Advance directives

Cognition

Depression

Falls risk

Health events &
symptom assessment

Health events

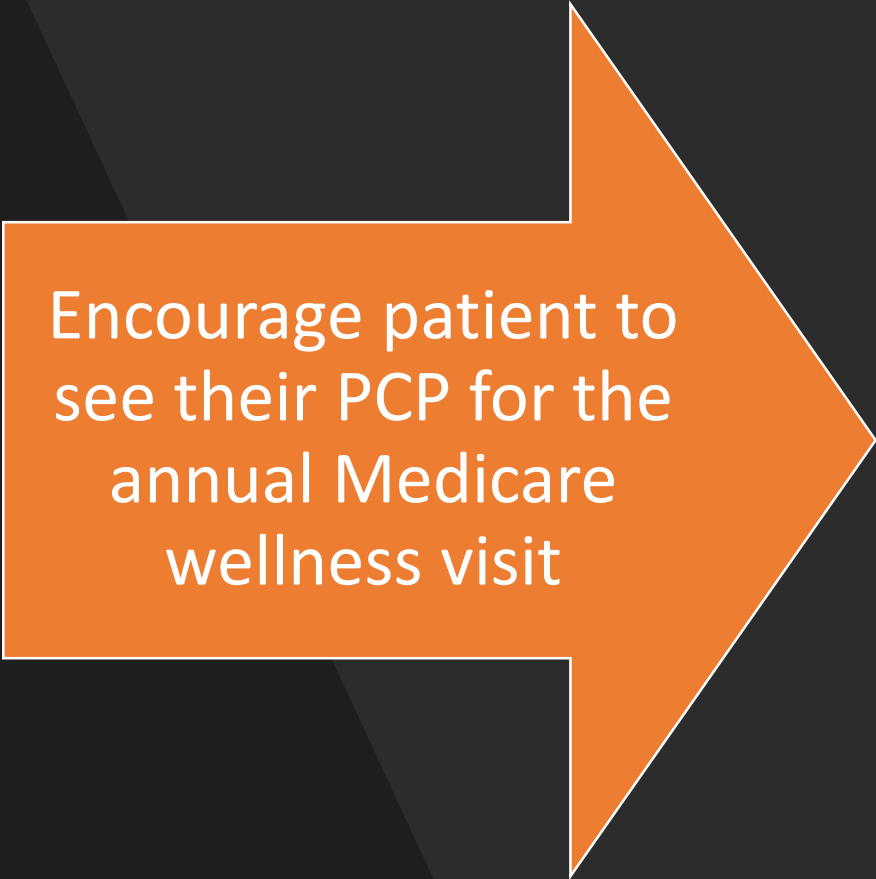
Which have happened to you since your last visit (existing patient) or in the past year (new patient)?

- Called your PCP office
- Called a specialist office
- Car accident
- Death of spouse
- Death of other close relative
- Death of a friend
- Death of a pet
- ER visit
- Fall
- Hospital stay
- Moved
- New device (cane, walker, wheelchair)
- New non-prescription med or supplement
- New prescription medication
- Outpatient rehab
- PCP visit
- Rehab stay
- Specialist visit
- Stopped driving
- Stopped a medication on your own
- Surgery - elective
- Surgery - emergency
- Test done (blood, xray)
- Urgent care visit

Symptoms


Not a problem?
Somewhat a problem?
Significant problem?
Intolerable?

- Anxiety/stress
- Caring for someone else
- Chest pain or pressure
- Constipation
- Difficulty walking
- Dizziness
- Fear of death
- Fear of disability or being a burden
- Fear of falling
- Indigestion/nausea
- Loneliness /boredom
- Low energy
- Low mood
- Managing your health problems
- Managing your medications
- Memory loss
- Overall health /quality of life
- Pain
- Poor appetite
- Poor sleep
- Sex life
- Shortness of breath
- Unintentional weight loss
- Unsteadiness
- Urine leakage /incontinence
- Worries/regrets



Encourage patient to
see their PCP for the
annual Medicare
wellness visit

Wellness
visit



If preferred, SSM
provider does visit in
patient's home or at
our office

Approach

High-Touch

A real person calls or we go to the patient's home (unless a visit to our office is preferred).

High-Tech

Use state-of-the-art technology to obtain accurate test results and track patient data.

Contact info

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