

**CPM-II Senior Health Assessment homework  
Fall-Winter, 2012 Preceptor: Robert Stall MD**

Homework for session...	SHA item	Description
1	1	Demographics - Basic Information Your Doctor Needs to Know
1	2	Overall Health - How Is Your Overall Health?
2	3	Activities - Are You Staying Active?
5	4	Advance Directives
1	5	Alcohol Use - Could Alcohol Be a Problem for You?
3	6	Andropause - Is Your Testosterone Low?
4	7	Balance - Are You Taking Medications That Might Make You Fall?
2	8	Balance - Do You Feel Unsteady or Afraid You'll Fall?
1	9	Caregiving - Are You Helping to Care for a Loved One?
2	10	Daily Function - Do You Have Problems Managing In Everyday Life?
6	11	Diabetes Risk Test - Are You at Risk for Diabetes?
3	12	Dizziness - Is It Keeping You From Doing What You Want to Do?
3	13	Driving - Are You a Danger to Yourself or Others?
5	14	End of Life Values and Beliefs - What Kind of Death Do You Want?
1	15	Feelings & Attitudes - Are Your Feelings and Emotions Keeping You From Living Life to the Fullest?
1	16	Grief - How Are You Dealing With It?
2	17	Hearing - Are You Going Deaf?
3	18	Medical Problems - What Medical Problems are Holding You Back?
4	19	Medications - Are Medications Making You Sick?
6	20	Memory - Is Your Memory Slipping?
1	21	Mood - Are You Depressed?
3	22	Nutrition - Do You Eat Properly?
3	23	Pain - Is Pain Making Life Miserable?
2	24	Physical Activity Readiness Questionnaire - Is It Safe For You to Exercise?
6	25	Prevention - Are You Doing Everything You Can to Stay Healthy?
1	26	Quality of Life - How Do You Rate Your Quality of Life? What Could Make It Better?
2	27	Safety - Is Your Living Environment Unsafe?
1	28	Significant Events - What Major Events Have You Experienced Recently?
3	29	Sleep - Do You Have Sleep Apnea?
1	30	Symptoms - What Troublesome Symptoms are You Experiencing?
3	31	Urine Function - Do Urination Problems Keep You from Doing What You Want or Embarrass You?
2	32	Vision - Is Your Eyesight Failing?